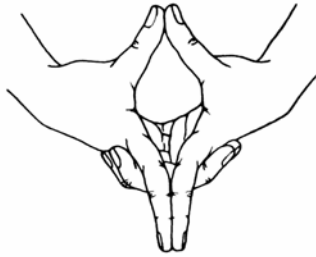


Private Consultations



2010

Private Consultations

An Overview Of The Benefits And Fees



Private Consultations

The benefit of private lessons is that you receive personal attention and can progress at your own pace. We will create a program for you to address your personal needs. Yoga is well researched and is proven to be an effective alternative healing remedy for treating various common ailments and especially stress related disorders. We can arrange for private sessions during the week days or on weekends but we shall have to discuss with you the weekend option as the school does have workshops and teachers training courses through out the year.

Investment: The fees would be based on our hourly rate. If I travel to your home then travelling charges may be applicable at the hourly rate.

Note: *The recommended time required for a complete class would be 1 hour 30 min. If you have to fit into a schedule the minimum time required is 1 hour.*

| Service | Cost |
|---|--|
| <p>Private Consultations: You can arrange for a private class at your home or on location at the Satyam Yoga School</p> <ul style="list-style-type: none"> • First Consultation (2 hours) • Minimum Hourly Rate • A full lesson will normally last 1 hour 30 min | <p>R500 R350 R400</p> |
| <p>Travel Charges: Will only be applicable if the location is outside of the Rosebank CBD and the Sandton business district.</p> <ul style="list-style-type: none"> • Travel Time charged at 30 min intervals. • Mileage Surcharge: based on the government standard rate. | <p>R 200 per hour R 2:60 per kilometre</p> |

SEE NEXT PAGE FOR DIRECTIONS TO SCHOOL

Private Consultations

Directions to the School: due to road changes and the construction of the Gautrain there are several options available for students to travel to the school.

From Sandton: travelling down Rivonia Rd into Oxford Rd --there are three options the first two have the least traffic and are usually the easiest.

1. Where Rivonia becomes Oxford turn into Rudd Rd at the Thrups center and follow Rudd towards the Wanderers Continue through the robots at Corlett Drive past the Protea hotel and turn right into North at the circle. Follow north and take 1st left into Victoria. Travel along Victoria to the second intersection (Jellico) and turn right into Jellico Rd. The school is located at the end of Jellico Rd inside the grounds of the St Vincent School for the Deaf.
2. Turn left into Corlett Drive and then first right into Atherstone. This is a short St that ends as a T junction with North Rd. Turn right into North and 1st left into Victoria. Travel along Victoria to the second intersection (Jellico Rd) and turn right into Jellico Rd. The school is located at the end of Jellico Rd inside the grounds of the St Vincent School for the Deaf.
3. Stay in the left hand lane of Oxford and proceed past the Zone and continue through the traffic light at Baker St. Turn next left into Melrose Street (before McDonald's), proceed through the circle and then turn left into Cecil Ave. Continue to the T-junction, turn left into Tyrwhitt Ave and first right into Tottenham Ave. The school is located at the end of Tottenham Rd inside the grounds of the St Vincent School for the Deaf.

***Note:** The Satyam Yoga School has its own room dedicated to yoga that is leased from St Vincent's. We are located inside the grounds of St. Vincent's School for the Deaf and the entrance to St Vincent's is at the end of Tottenham road.*

From M1 Highway: Take the Glenhove exit from the M1 highway and turn into Glenhove so that you are traveling towards Rosebank. Once you are clear of the M1 free way and traveling along Glenhove you will pass through 1 set of traffic lights (The Greek Orthodox Church is a landmark on the left hand corner at these traffic lights). After you have traveled through these robots take the second turn right into Jameson Rd and follow this road. You will pass through a circle and over a speed hump until you reach the 3rd intersection which is Jellico Rd. Turn left into Jellico and the main gate to St. Vincent's is at the end of Jellico on your right.

Directions to the Class Rooms: The Satyam Yoga School is located inside the St. Vincent's school for the deaf. Parking for the students is inside the school grounds on the tennis court only during the day and at night you can park anywhere inside the grounds. The tennis court is located just inside the main gate of St. Vincent's School on left-hand side. The pedestrian exit is through the small gate in the North West corner. The Yoga classroom is located in the large building directly in front of the small gate.